



MWC RUNNERS CLUB EXECUTIVE PROFILE

MWC RUNNERS CLUB SYNOPSIS

Dynamic Group

MWC Runners Club is a dynamic and inclusive Non-Profit organization dedicated to promoting health, fitness, and an active lifestyle among individuals of all ages.



Transforming Lives

By hosting events, organizing group activities, and fostering a supportive community, the MWC Runners Club is more than just a fitness group; it is a movement aimed at transforming lives and building a healthier future.



Registered Group

Officially registered under the Tamil Nadu Societies Registration Act, MWC Runners has also initiated the process of securing its trademark through the Intellectual Property Office, reflecting our commitment to building a unique and recognized identity.

300 + Members

With a thriving community of over 300 members, including pro runners, cyclists, and athletes, the MWC Runners Club has quickly established itself as a hub for fitness enthusiasts and professionals.



OUR OBJECTIVES



CORE VALUES

01 Empowering Lives

Empowering Lives Through Fitness, One Step at a Time

Vision

To become a leading community of fitness enthusiasts that inspires individuals to embrace an active and healthy lifestyle, fostering a culture of wellness and excellence across all age groups.



Mission

To promote health and fitness through running, cycling, and swimming, while building awareness about the benefits of an active lifestyle.



03 Achieve Wellness

Inspiring Communities to Achieve Wellness Through Active Living

Values

Inspiration and Community: Encouraging individuals to push boundaries within a collaborative and supportive environment.



Excellence and Growth

Striving for continuous improvement and setting benchmarks in fitness and lifestyle.



Building a Healthier Future, Fueled by Determination Together

02 Healthy Future

Celebrating Strength, Endurance, and the Spirit of Unity

04 Spirit of Unity



EXECUTIVE COMMITTEE – PRESIDENT & VICE PRESIDENT



Santosh Verma
President

An avid runner himself, Santosh has completed over **30 marathons**, including one triathlon and four ultra-marathons, with his longest run being a **60km ultra-marathon** in the mountains of Ooty.

Through his dedication and vision, Santosh has transformed the MWC Runners Club into a cornerstone of the local running community, inspiring countless individuals to embrace an active and healthier lifestyle.

Santosh Verma, a Chartered Accountant with over 17 years of expertise in finance and accounts, currently leads the treasury section at Nissan Motor India Pvt. Ltd.

A dynamic leader with a passion for community impact, Santosh founded the MWC Runners Club in 2017 with just four members, driven by his vision to promote running and fitness.

Since then, under his leadership, the club has grown into a thriving community of over 300 members, united by their commitment to health, wellness, and camaraderie.



Ponniselvan K
Vice President

Since beginning his running journey in 2018, he has clocked an impressive **7,200 km over 854 hours of training and races**. An accomplished pacer and elite podium finisher, he is dedicated to helping others achieve their running goals.

As Vice President of the MWC Runners Club, Ponniselvan has been instrumental in its establishment, playing a crucial role in securing official registrations and fostering a vibrant running community.

Ponniselvan is an experienced manager with a proven track record in the automotive industry. Skilled in Logistics Management, Packaging Engineering, Kaizen, and Warehouse Management Systems, he combines technical expertise with exceptional leadership abilities.

Holding a Bachelor of Engineering in Mechanical Engineering from Madras University and a management course from IIM Ahmedabad, he blends academic excellence with professional acumen.

As the Deputy General Manager (DGM) at RNTBCI, Ponniselvan excels in leadership, applying the same discipline and determination to his passion for running.

EXECUTIVE COMMITTEE – GENERAL SECRETARY & JOINT SECRETARY



Gurushankar M
Secretary

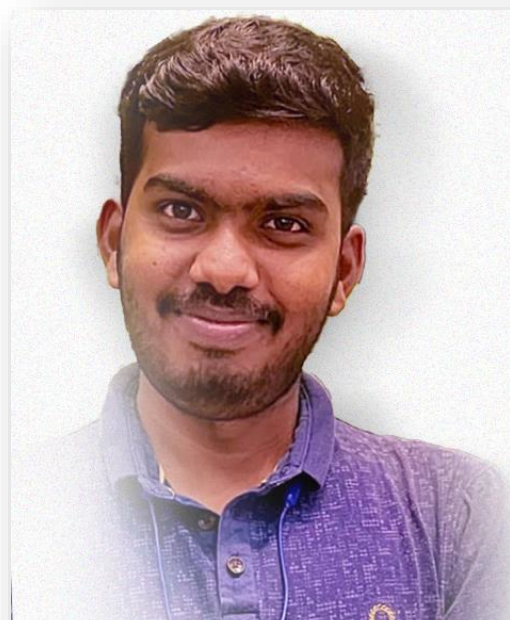
In his role as Secretary of the MWC Runners Club, he played a pivotal role in trademarking society registration, communications and MWC Runners Club's brand and elevating its visibility.

In February 2022, Gurushankar faced a major setback due to a severe accident that caused complete ligament tears in his left leg which required three surgeries. His remarkable recovery journey reflects resilience, determination, and his unyielding passion for fitness and leadership.

Gurushankar is a fitness enthusiast, accomplished professional, and inspiring leader with over 25 years of experience across industries, including Manufacturing, Automotive, Sales, Marketing, Software, and Digital sectors.

As the founder of MG Web, he has delivered cutting-edge solutions in web design, graphic design, and digital marketing. His contributions to the MWC Runners Club include designing its logo, website, and social media presence, and enhancing the club's visibility and community engagement.

A passionate runner, he has completed over 60 races, including Ultra Marathons, Full Marathons, Half Marathons, and 10K runs between 2012 and 2022.



Marimuthu V
Joint Secretary

As the Joint Secretary of the MWC Runners Club, Marimuthu played a key role in the club's official registration and provided critical support for its events. Passionate about motivating fellow runners, he is dedicated to helping others achieve their goals and creating lasting memories through running and camaraderie.

Marimuthu Viswanathan is an accomplished automotive engineer specializing in process engineering and quality assurance for automotive body engineering.

A mechanical engineering graduate, he began his running journey in 2020 to manage stress and quickly progressed to complete numerous 10Ks, half-marathons, and full marathons across the country.

Marimuthu's notable achievements include completing the challenging 60K Ooty Ultra Marathon and earning the prestigious Procam Slam Cycle 2022-2023, where he excelled in events such as the 10K in Bangalore, a half-marathon in Delhi, 25K in Kolkata, and a full marathon in Mumbai. These milestones reflect his commitment to training, balanced nutrition, and recovery planning.

EXECUTIVE COMMITTEE – TREASURER & JOINT TREASURER



Subathra V
Treasurer

Subathra is a seasoned professional with 19 years of experience in the automotive industry, specializing in developing and managing embedded software for automotive systems.

Her technical expertise spans cluster development, air systems, injection systems, TPMS development, and vehicle validation. Currently, she serves as Senior Manager for Powertrain Embedded at RNTBCI.

An accomplished academic, Subathra holds a Postgraduate degree in Applied Electronics and an MBA in International Business.

Subathra began her running journey in 2021 and has since logged over 3,800 kilometres, participating in renowned events like the Malnad Ultra, Ooty Ultra, Trackathon, Chennai Marathon, and DRHM. Her achievements include securing 1st Runner-up in the 10K (35+ category) and a Top 10 finish in the Chengalpattu Marathon Open Women category.

As Treasurer of the MWC Runners Club, Subathra efficiently oversees the club's finances and banking. She actively supports its growth, organizing impactful events to elevate the club's reputation and community engagement.



Ashok S
Joint Treasurer

Ashok is a distinguished senior software engineer known for designing, developing, and deploying scalable software solutions. His passion for innovation and attention to detail have consistently delivered impactful projects that drive business success and growth.

Ashok's fitness journey began in 2019 with cycling, which soon expanded to include running. Over the past five years, he has achieved remarkable milestones, including cycling over 10,000 kilometres and running over 5,000 kilometres.

He has completed three full marathons, over 35 half marathons, a 6-hour stadium run, and the challenging 60km Ooty Ultra Marathon.

As the Joint Treasurer of the MWC Runners Club, Ashok plays a vital role in supporting the club's operations. He contributes by managing event registrations, coordinating activities, and actively participating in meetings to ensure smooth functioning. Ashok's dedication and commitment exemplify his passion for fitness and his valuable contributions to the MWC Runners Club community.

EXECUTIVE COMMITTEE MEMBERS



Dinesh A
EC Member

As an Executive Committee Member of the MWC Runners Club, Dinesh has played a pivotal role in the club's society registration and official establishment. His involvement extends beyond administration, as he actively inspires others to adopt a healthier lifestyle and contributes his experience in organizing and mentoring runners within the community.

Dinesh Angappan, a 44-year-old Agile Coach with 19 years of IT industry experience, is renowned for his expertise in Agile and Digital transformation, as well as his coaching and problem-solving skills. Currently associated with a leading global automobile organization, Dinesh's professional success is matched by his passion for fitness.

Diagnosed with Type-2 Diabetes in 2009, Dinesh embraced running as a transformative lifestyle change. What began as a casual activity soon became a passion, leading him to complete over 20 half-marathons, with a personal best of 2 hours and 02 minutes.

He has also achieved several sub-55-minute 10K runs and maintains his consistency in daily runs and training.



Nithya HM
EC Member

A dedicated professional, Nithya is a life member of the Indian Association of Clinical Psychologists, Tamil Nadu Association of Clinical Psychologists, EMDR Association, and a member of both the British Psychological Society and the British Neuropsychological Society.

As an Executive Committee Member of the MWC Runners Club, Nithya provides invaluable support with her insights, guidance, and expertise. Beyond her professional endeavours, she enjoys walking and cycling, making her a well-rounded and inspiring team member.

Nithya HM is a distinguished clinical psychologist, eclectic psychotherapist, and assistant professor of psychology at Chengalpattu Medical College and Hospital.

With expertise in EMDR therapy, she is an EMDR therapist and facilitator approved by the EMDR Institute, USA and a trainer in training.

Nithya is also a recipient of the prestigious Neuropsychology International Fellowship Award, jointly conferred by the Division of Neuropsychology, the British Psychological Society, and the British Neuropsychological Society.



Subramani S
EC Member

As an Executive Committee Member of the MWC Runners Club, Subramani has been instrumental in forming the club's official team and elevating its stature, making him a valuable asset to the club's growth and success.

Subramani is a dedicated health enthusiast, IT architect, and advocate for holistic well-being. With over 20 years of international experience, he has successfully implemented and delivered multiple data management projects across the US, Middle East, and South Africa.

His professional expertise is complemented by his academic achievement of completing an M.Sc. in Yoga for Human Excellence, driven by his passion for health and wellness.

In the past two years, Subramani embraced running as part of his fitness journey and has actively participated in several events, embodying his philosophy of simplicity and consistency in health-related activities. He regularly organizes weekend and festive runs within Mahindra World City, inspiring and motivating others to adopt a healthy lifestyle.

Thanks to EC members for playing a crucial role in securing official registrations and fostering a vibrant running community.



Santosh Verma
President



Ponniselvan K
Vice President



Gurushankar M
Secretary



Marimuthu V
Joint Secretary



Subathra V
Treasurer



Ashok S
Joint Treasurer



Dinesh A
EC Member



Nithya HM
EC Member



Subramani S
EC Member

EXECUTIVE COMMITTEE GOALS: PAVING THE WAY FORWARD





Running

MWC Runners promotes running as a core activity, organizing runs, and encouraging members to participate in marathons, endurance events, and group runs to improve fitness, endurance, and overall well-being.

1



Cycling

The club fosters a passion for cycling through group rides, endurance challenges, and awareness campaigns, emphasizing physical fitness, eco-friendly commuting, and community bonding among cycling enthusiasts.

2



Swimming

MWC Runners integrates swimming into its fitness focus, highlighting its benefits for endurance and encouraging a healthy and balanced lifestyle, improving health, and providing a balanced approach to an active lifestyle.

3

WHY JOIN US?

Health & Wellness

Running is not just about physical fitness; it's also about mental well-being. Our club promotes a holistic approach to health, helping you stay motivated and balanced in all aspects of life.

03

02

Group Runs

Participate in regular group runs and training sessions led by experienced runners. Our programs are designed to help you achieve your personal goals, whether it's running your first 5K or training for a marathon.

04

Events & Races

Join us for fun and competitive events throughout the year. From local races to special club events, we provide opportunities to challenge yourself and celebrate your achievements.

01

Inclusive Community

Whether you're a beginner or an experienced runner, you'll find a place here. Our club is open to runners of all ages and abilities, and we pride ourselves on our supportive and encouraging atmosphere.



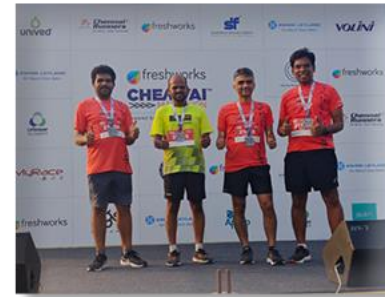
MWC RUNNERS GALLERY



MWC RUNNERS GALLERY



MWC RUNNERS GALLERY





FORM NO.II

(See Rule 8 of the Tamil Nadu Societies Registration Rules, 1978)

CERTIFICATE OF REGISTRATION UNDER SECTION 10

OF THE TAMIL NADU SOCIETIES REGISTRATION

ACT,1975 (TAMIL NADU ACT 27 OF 1975)

CERTIFICATE OF REGISTRATION OF SOCIETIES

Sl. No. SRG/Chengalpattu/152/2024

I hereby certify that **MWC Runners Club** has this day been registered under the Tamil Nadu Societies Registration Act,1975 (Tamil Nadu Act 27 of 1975).

Given under my hand at Chengalpattu this 10th day of December, 2024

Date :10-Dec-2024

Station : Chengalpattu

Digitally Signed by Thiru/ Tmt/ Selvi
punitha p

Signature of the Registrar

CONTACT



MWC Runners Club,
Mahindra World City,
Chengalpattu -603002



www.mwcrunners.in



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Thank You

